



## Charlotte Elite Academy

- Who we are
- Who we serve
- Why we serve

### Charlotte Elite Academy (CEA)

Sports Academy that provides competitive sports participation, athletic performance training, and academic enrichment services.



- CEA provides Athletic and Academic programs for youth & teens
- CEA programs are offered to both Male & Female student athletes
- CEA currently has 28 Student Athletes enrolled in program

Charlotte Elite Academy Sports Participants



Charlotte Elite Sports Participants



● Boys ● Girls

Data collected by print survey from enrolled CEA Participants (10/30/19)

### Goals of CEA Sports Programs

To assist Youth & Teens from low income and undeserved communities, achieve higher academic success, healthy living, and positive life choices.

### Benefits of CEA Sports Participation

#### Health and Fitness

- Reduce risk of cardiovascular disease
- Reduce the risk of type 2 diabetes and metabolic syndrome
- Improve mental health and mood
- Increase the chances of living longer, and many other health benefits.

(Source: Center for Disease Control & Prevention)



#### Academic Achievement

- Higher grades
- Lower dropout rates than non-athletes.

(Source: Women's Sports Foundation)

- 57% less likely to drop out of school before reaching their senior year

(National Federation of State High School Associations)



#### Social Development

- Improve social interaction
- Increased confidence
- Improve listening skills

• 92% of females are less likely to get involved with drugs

- 80% less likely to get pregnant

(Source: Women's Sports Foundation)

